

Allergen Information:

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n = the allergen not in this product
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	Celery	Cereal containing gluten	Crustaceans	Eggs	Fish	Lupin or products thereof	Milk or milk derivatives	Molluscs and products thereof	Mustard	Nuts / Nut Oil or Nut Derivatives	Peanuts	Sesame Seeds	Soybeans	SO2 / sulphites at >.001%	Tomato * not an FSA allergen	Salt (not an allergen, for info only)	Sugar (not an allergen, for info only)
Organic Almond Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Cashewnut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Hazelnut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Mixed Nut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Peanut Butter	n	n	n	n	n	n	n	n	m	m	y	m	m	n	m	m	n
Organic Pumpkin Seed Butter	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	y	n
Organic Sesame Seed Butter	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Organic Sunflower Seed Butter	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Raw Almond Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Raw Apricot Kernel Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Raw Brazilnut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Raw Hempseed Butter	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Org Raw Hemp and Linseed Butter	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Org Raw Macadamia Nut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Mixed Seed Butter	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Org Raw Mix Seed Butter Barley Grass	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Organic Raw Pecan Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Prem Pumpkin Seed Btr	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Raw Rainforest Nut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Raw Sunflower Seed Butter	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Light Raw Tahini (fair tr oil)	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Organic Dark Raw Tahini (fair tr oil)	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Organic Raw Black Sesame Tahini (ft oil)	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Organic Raw Walnut Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Organic Raw White Almond Butter	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Choc Amazing Almond S Spread	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Choc Heavenly Hemp S Spread	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Choc Simply Sesame S Spread	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	m	n
Org Raw Choc Totally Tropical S Spread	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
Org Raw Choc Very Berry Super Spread	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n

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Organic Spicy Roasted Almonds	n	n	n	n	n	n	n	n	m	y	m	y	y	n	m	y	n
Organic Spicy Roasted Cashews	n	n	n	n	n	n	n	n	m	y	m	y	y	n	m	y	n
Organic Spicy Roasted Mixed Nuts	n	n	n	n	n	n	n	n	m	y	m	y	y	n	m	y	n
Organic Apple & Sultana Chutney	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Lime Pickle (no added sugar)	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	y	n
Organic Piccalilli (no added sugar/salt)	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Pickle (no added sugar/salt)	n	n	n	n	n	n	n	n	m	m	m	m	y	n	m	m	n
Org Red Onion Marm (no add sugar/salt)	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Tomato Relish	n	n	n	n	n	n	n	n	y	m	m	m	m	n	y	m	n
Organic Preserved Lemons	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	y	n
Organic Honey Grain Mustard	n	n	n	n	n	n	n	n	y	m	m	m	m	n	m	m	n
Organic English Mustard	n	n	n	n	n	n	n	n	y	m	m	m	m	n	m	m	n
Organic Apple Purée	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Apple & Apricot Purée	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Apple & Mango Purée	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
*Organic Hummus	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	y	n
*Organic Hummus ~Roasted Spice	n	n	n	n	n	n	n	n	m	m	m	y	m	n	m	y	n
*Organic Coriander & Walnut Pesto	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
*Organic Pesto	n	n	n	n	n	n	n	n	m	y	m	m	m	n	m	m	n
*Organic Red Pesto	n	n	n	n	n	n	n	n	m	y	m	m	m	n	y	m	n
*Organic Rocket Pesto	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n
Organic Seville Marmalade	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	y
Organic Six Mix Citrus Marmalade	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	y
Org Seville Marmalade w Ginger	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	y
Organic Seville Orange Spread	n	n	n	n	n	n	n	n	m	m	m	m	m	n	m	m	n